

# Pitts Baptist Child Development Center

140 Pitts School Road, NW ~ Concord, NC 28027 ~ (704) 786-1950

# OCTOBER 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	3 Oatmeal, milk Meatball sub, potato wedges, pineapple, milk Vanilla wafers & soy butter, milk	4 English muffin w/ jelly, milk Chicken casserole, green beans, applesauce, milk Pudding, milk	5 Cinnamon toast, milk Grilled cheese, mixed veggies, mandarin oranges, milk Fig newtons, milk	6 Nutrigrain bar, milk Meatloaf, mashed potatoes, peaches, milk Cereal mix, milk	7 Muffins, milk Fish sandwich, tater tots, fruit cocktail, milk Cheese & crackers, milk	8
	9 10 Sausage biscuit, milk Ham, black eyed peas, pears, milk Graham crackers, milk	11 Hash browns, milk Ravioli, peas & carrots, pineapple, milk Oatmeal cookies, milk	12 Yogurt, milk Soy butter & jelly sandwich, cucumbers, banana, milk Jell-o w/ fruit, milk	13 Whole grain cereal, milk Sloppy joes, potato wedges, peaches, milk Chex mix, juice	14 Grits, milk Chicken & noodles, green beans, pears, milk Rice cakes, milk	15
16	17 Fruit cup, milk Salisbury steak, rice, peas, fruit cocktail, milk Crackers, milk	18 Waffles, milk Chicken nuggets, broccoli & cheese, applesauce, milk Nutrigrain bar, milk	19 Ham biscuit, milk Cheese quesadilla, tater tots, mixed berries, milk Veggie straws, juice	20 Cheese toast, milk Baked spaghetti, corn, banana, milk Tortillas chips, milk	21 Pancakes, milk Taco w/ cheese, black beans, mandarin oranges, milk Wheat thins, milk	22
23	24 Cinnamon biscuit, milk Baked chicken, mashed potatoes, pears, milk Fruit cup, milk	25 Waffles, milk Pizza, mixed veggies, pineapple, milk Pepperoni* & crackers, milk	26 Bagel w/ cream cheese, milk Corn dog, sweet potato fries, fruit cocktail, milk Rice krispy treat, milk	27 Bananas, milk Mac & cheese, green beans, peaches, milk Goldfish, milk	28 Yogurt w/ granola, milk Teriyaki chicken, rice, peas, mandarin oranges, milk Animal crackers, milk	29
30	31 Whole grain cereal, milk Beef stroganoff, corn, applesauce, milk Halloween Parties					

Items marked with a \* will be substituted for children under 18 months.